

Full Report (All Nutrients) 45028444, GOYA, CANOLA OIL, UPC: 041331012508

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer GOYA

Nutrient	Unit	Data points	Std. Error	1 Tbsp 14g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	120	857
Protein	g	--	--	0.00	0.00
Total lipid (fat)	g	--	--	14.00	100.00
Carbohydrate, by difference	g	--	--	0.00	0.00
Minerals					
Sodium, Na	mg	--	--	0	0
Vitamins					
Lipids					
Fatty acids, total saturated	g	--	--	1.00	7.14
Fatty acids, total monounsaturated	g	--	--	8.00	57.14
Fatty acids, total polyunsaturated	g	--	--	4.00	28.57
Fatty acids, total trans	g	--	--	0.00	0.00
Cholesterol	mg	--	--	0	0

Amino Acids

Other

Ingredients

CANOLA OIL. Date Last Updated by Company: 07/04/2015